

## How to get involved

Lots of different types of help will be needed from people like you over the coming months to make sure the services work well and to show what difference they are making, including:

- **Telling us what you think** about the services, especially if you use any of them.
- **Telling other older people** about the POPP services.
- **Becoming a Team Member**, each project has a team of professionals and older people or carers to advise on how they should develop. We are looking for more older people to join these teams. If there is a service you are particularly interested in then give that service a call.
- **Neighbourhood Schemes** need help in two ways from older people who live in Halifax and Todmorden:
  - We need local older people to **join the two Steering Groups** to help identify what the schemes should be doing and develop activities.
  - We will need **help and support to run activities** as they get up and running.
  - We are looking for older people to share their skills with other people.
- **Measuring How We Are Doing**, we need older people to help:
  - **make sure we are asking the right questions**, in the right way, to the right people, at the right time. This could include looking at questionnaires and telling us if they need changing. It is likely that help will be needed for a few short meetings over the next few months.



**For more information contact:  
The POPP Programme Manager:  
Tel. 01422 393992  
E mail. [lis.boulton@calderdale.gov.uk](mailto:lis.boulton@calderdale.gov.uk)**

POPP projects are funded by DoH grant to test new ways of helping older people to live independently

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# Calderdale Healthy Ageing Programme



**Calderdale Council, working in partnership with older people and other statutory and voluntary bodies, won a POPP bid 'Calderdale Healthy Ageing Programme', submitted to the Department of Health in 2006.**

**Calderdale Healthy Ageing Programme will receive £943,000 over two years, starting from May 2007, to carry out a range of projects to meet the needs that older people in Calderdale have identified as important to them.**

**This leaflet is about the six projects in Calderdale's POPP Programme and tells you how you can get involved.**

**Your help is needed to make sure the projects are successful and can go on after the two years of funding. See back page.**

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یا شکل میں چاہیے تو رابطہ کریں:  
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If you would like this information  
in another format or language,  
please contact: 01422 363561



### The aims of Calderdale's POPP Programme are:

- to promote new ways of working in partnership with older people
- to deliver services that older people have identified as being important
- to improve the health, well-being and social aspects of older people's lives
- to help older people maintain their independence and dignity
- to reduce emergency hospital admissions
- to increase the number of older people supported to live independently at home

### The six projects in Calderdale's POPP Programme will all link together to meet older people's needs. The projects are:

#### Neighbourhood Schemes

Two pilot schemes, one in Halifax and the other in Todmorden, are being set up by Co-ordinators employed by Voluntary Action Calderdale (VAC) with local older people. Each pilot scheme will meet local needs in a flexible way, overseen by a steering group made up of local older people and professionals. The Schemes will offer advice and information, signposting on to services, fun activities, healthy living activities, practical help, support and outreach.

**Contact:** Helen Crawford Halifax Co-ordinator  
 Tess McMahon Todmorden Co-ordinator  
 Voluntary Action Calderdale: Tel. 01422 348777

#### Home From Hospital Service

Age Concern Calderdale will offer practical help and support for a short period after discharge from hospital.

**Contact:** Tracy Priestley  
 Age Concern Calderdale: Tel. 01422 252040

#### Falls Prevention Service

Calderdale Primary Care Trust now employs Falls Prevention Workers to work with individual or groups of older people.

**Contact:** Rachael Smith  
 Calderdale PCT: Tel. 01422 281468 or 07798 781293

#### Supporting Carers

Many older people are carers. Caring for someone has a big impact on the carer's life. Calderdale Carers Project employs a carer's caseworker and is running regular Looking After Me courses to support carers.

**Contact:** Maureen Howland Caseworker  
 Lesley Rudd Looking After Me Courses  
 Calderdale Carers Project: Tel. 01422 369101

#### Locality Integration

Calderdale's Council and Primary Care Trust will work together with other health partners across Calderdale to develop more joined up ways of working. The aim is to enable older people to have easier access to services that are centred around their needs and are seamless from the service user's perspective.

**Contact:** Lis Boulton, Calderdale Council: Tel. 01422 393992

#### Handyperson Service

A handyperson employed by Anchor Staying Put Calderdale can help with low cost minor repairs and maintenance jobs around the home.

**Contact:** Anchor Staying Put: Tel. 01422 247203



Older people have been fully involved in the development of Calderdale's POPP Programme and will continue to be actively involved in every stage, from getting ready to start the new services and helping to deliver them to evaluating and improving them - see back page.

